

# Laura POLLAK

PSA, PSWC, PSNC, PPS, SPS,  
IAPS MC, Associate Member WAOW

Greetings Artists!

I'm excited to meet you all! I can't wait to get to know you and I'm happy to have beginners as well as experienced painters!

Here's a supply list [more suggestions than commandment!]

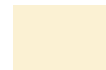
- My personal favorite paper is Uart 320 for this type of painting. Too high a number grit and you cannot layer easily
- You can easily mount pastel paper on some type of board, like acid free mat board, foam core, or gator board. Check out my Youtube Channel [Laura Pollak Artist] to see how to mount if you'd like to do that.
- Have 2 panels per day ready to paint on. Sizes can range from 6 x 8, 8 x 10, 9 x 12. If you're feeling confident then you can go larger.
- We will use 1/2 of our panels as natural untinted panels and 1/2 of our panels tinted black. If you would like to see how I tint paper black, go to my YouTube Channel: Laura Pollak Artist.
- We will do some **exercises**, so have some pieces of sanded paper [they can be scraps] and those don't have to be mounted [6 x 8, 9 x 12] These will not be wasted, since you can wash them down but will be invaluable as we proceed.

Please pre-tint some of your papers in the following fashion-



1 each of the following-Size 6 x 8 : • Warm Red • Warm Green • Cool Green • Dark/Black

1 Square UNTINTED piece for exercise in values- 8 x 10



3 Tinted Black [see my YouTube Video for how to do that ] Size about 9 x 12 .



- Alcohol and some old synthetic/nylon brushes. A small cup, jar or tupperware with lid. [That's how you will do the underpainting.]
- A backer board larger than your mounted paper for your easel.
- Tape or clips to secure you painting to your easel.
- Drop Cloth for under your easel if you wish to protect your floor.
- Apron

- Paper Towels and Baby Wipes.
- Hand protection like Gloves in a Bottle or Surgical Gloves.
- Vine Charcoal sticks
- A wide range of hard to soft pastels. If you are totally new to pastels please let me know and I'll make some suggestions for you to begin. I have seen some great Mungyo Hand Rolled sets online at Walmart [believe it or not!] delivered for a great price. They are medium softness, great colors and come in a lovely wooden carrying box. If you can afford something more pricey... The Blue Earth sets are brilliantly organized and are sold exclusively at Dakota Pastels. They are in order of color and value already. Then of course if you have Terry Ludwig, Schmincke, Girault... you're all set!
- If you choose to order new pastels, do it ASAP so they get here in time.
- If your pastels have paper wrappers on them please remove all paper.
- An old stiff bristle brush to take pastel off your board if necessary [totally optional]
- Glassine to cover your masterpieces for protection when you're finished. [Tracing paper or wax paper works just not as well.]
- If you have an iPad please have on hand. I'll be showing you some wonderful apps that I find brilliantly helpful. Either way, please have a method of photographing your work and uploading to the online Bulletin Board. [Padlet- more info below].
- Sketchbook and something to draw with. I use TOMBOW markers in 3 values [-black, mid gray and light gray] to create NOTANS [grayscale value studies]. A pencil or ballpoint pen will also be great.
- Something to take notes [could be your sketchbook or your ipad].

IMPORTANT- Please decide in advance if you'd like to paint my photo OR if would you like to choose your OWN PHOTO REFERENCE. [I will share pics in the next few weeks]

If you want your own photo reference, please choose a photo with the following;

- A Simple scene with a few main elements, Good Contrast
- I'd like you all to sign up for a **PADLET account**. This is a FREE application that only asks for your email and is a Bulletin Board. You'll be able to upload your artwork through all stages for discussion and review. [If you're shy about having it public, then you can let me know and we will do another way.
- Have a phone or tablet available to take photos of your work in progress so you can upload them to Padlet for review. Practice this before the workshop by sending to yourself.

If you have ANY QUESTIONS, feel free to email me; laurapollak.artist@gmail.com

See you Soon and be prepared to have some FUN!!!

Laura Pollak